

Visitors, please read

We warmly welcome all visitors and seekers in our midst today.

**Holy Communion is the greatest gift on earth. It is given by God to baptized and chrismated Orthodox Christians, who have prepared themselves with regular prayer, fasting (from midnight, unless there is a medical condition), and confession, and who have the blessing of their spiritual father or confessor to receive it.**

We welcome anyone visiting for the first time, and we trust that your experience here will be an uplifting and enriching one. The Orthodox Christian Church is actually a community of local Churches, whose roots are the ancient and native Christian communities of the biblical world, with centers in Jerusalem, Syria, Egypt, and Asia Minor, and by extension in Greece, Cyprus, Russia, North America, and throughout the world.

As a continuation of the ancient Church, we engage the whole person, heart, mind, and all senses in divine worship. This experience has been so powerful to seekers in the past that it was often said "We knew not whether we were in heaven or on earth. We knew only that there God dwelt among men" (Russian Primary Chronicle). That experience of heaven on earth and God in our midst forms the heart of all Orthodox worship.

Our worship culminates in the sharing of Holy Communion, which not only unites us with the Divine, but also expresses the deep unity in faith and life among all Orthodox believers. Since Holy Communion expresses that deep unity in belief and practice alike, it is reserved for practicing Orthodox Christians, who have properly prepared themselves with prayer, fasting, and recent confession. This is because the Orthodox choose not to make an external display of unity with other Christian groups when actual unity of faith and practice does not exist.

While working to restore the full communion that did exist among Christians in antiquity, today we offer the blessed bread (*antidoron*) at the conclusion of the Liturgy, as a gift of hospitality and of growing unity that is offered to all present. If you would like to learn more about the Orthodox way of life, or have any questions about worship or Holy Communion, please approach Fr. Michael or one of the other clergy following the Liturgy.

Thank you for joining us, and again, we welcome you all.

*We hope you enjoy your visit with us here at Holy Cross, and we thank you for joining us today.*

*We formally invite you and/or your guests to join us for coffee hour in the community center next door. If you can stay, we would love to have you!*

Sunday, July 21, 2019

The reading is from St. Paul's Letter to the Romans 10:1-10

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that every one who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

The Gospel According to Matthew 8:28-34; 9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.

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Fr. Michael Kallaur  
Fr. Daniel Korba  
Dn. Frank Dickos

*Altar flowers are sponsored in honor of the wedding of Tory Popovich and Zac Stevens from their Koumbari, Krista and Greg Fedorchak.*

*Coffee hour is hosted by the Farmer's Market Committee. They will feature samples from some of the vendors!*

Memorials: Christ Terzis 1 year  
Kalliope Zervos 6 years  
Yianni Stivaktas 13 years  
Helen Tsangaris 18 years (mother of Genie Gooding)  
Mary Zervos 49 years

**This Week:**

**Monday – July 22** 4-7pm Farmer's Market  
6:30pm Paraclesis(No Bible Study)  
7:30pm Farmers Market Committee Meeting, Old Social Hall

**Tuesday – July 23** GREEK Day @ Kennywood

**Wednesday – July 24** 7pm VCS Meeting\* \*Please register your children/ grandchildren THIS WEEK so we can be adequately prepared!!!

**Thursday – July 25**

**Friday – June 26** *St. Paraskevi*

**Saturday – July 27** *Great Martyr Panteleimon*  
8:30am Orthros/9:30am Divine Liturgy  
NO Vespers

On Tuesday, July 30, there will be a **50 Year Celebration Committee Meeting** in the Library. Any questions, please see John Hoenig.

The Philoptochos Autumn Food Fair, Yiayia Joan's Treasures, will ONLY be accepting jewelry and books this year in September. Please honor our wishes.

\*\*\* Ministry Opportunity - We have a Holy Cross Parishioner who is coming to the completion of their incarceration. The parishioner has the possibility to finish their sentence and transition to a home setting with a stable family. If you are willing to open your home to this parishioner please see Fr. Michael for the details.



**Thank you to our Coffee Hour sponsors!!!**

July 28 - Chryssa Schultz & family IMO †David Schultz (40 day Memorial Luncheon)

**August 4 - OPEN**

August 11 - Sponsored by Joan and Mark Hummel, Stephanie and Kieth Myers, and Mary and Steve Kladakis IMO †Pauline Croussouloudis (40 day Memorial)

August 18 - Fitsioris, Frommeyer, Koett, Kostelnik and Staub families

August 25 - Family and Friends of †James Spanos (1 year Memorial)

**Please sponsor a Coffee Hour. Call the church office to confirm your date.**

The Philoptochos Autumn Food Fair and Yiayia Joan's Treasures and Market, October 2,3,4, continues to be the main fundraiser of our organization. Please volunteer a few hours in food preparation. The cooking is over the span of 8 weeks. We appreciate and need your help! Reminders will be sent via the church email and Sunday bulletins. Thank you for supporting Philoptochos to assist those in need! If necessary, slight adjustments will be made to the food preparation times. Please mark your calendars! Thank you for your support!

**Monday, August 5, Tiropita**, 35 pans, 9:30am until completion, Kathy Frommeyer, Chairperson

**Monday, August 12, Galatobouriko**, 40 pans, 9:30am until completion, Kathy Frommeyer, Chairperson

**Monday, August 19**, 9:30am until completion and **Tuesday, August 20, Spanakopita**, 100 pans, 9:30am -1:30pm AND 5pm-7pm,

Jane Kokanos and Marica Mitsos, Chairpersons  
**Monday, August 26**, 1400 **Souzoukakia**, 9:30am until completion, Elaine Sofis, Chairperson

**Monday, September 9**, 10am-2:00pm and 5-7pm and **Tuesday, September 10**, 10am-2:00pm and 5-7pm, 3600 Koulourakia baking and packaging, Rita Manganas, Chairperson

**Wednesday, September 18**, chicken rolls, 9:30am cooking and shredding, **Thursday, September 19**, chicken rolls prep, 700 chicken rolls, 9:30am until completion, Domenica Merante, Chairperson

**Sunday, September 29**, after Divine Liturgy, Mousaka preparations, Takis Kontoulis, Chairperson  
**Monday, September 30**, 9:00am- completion, 40 Moussaka & 60 Pastitsio,

Takis Kontoulis, Chairperson

Elaine Sofis, Chairperson  
[esofis@comcast.net](mailto:esofis@comcast.net) with questions

**How Did We Do?**

Instead of, "Good Morning!" or "Nice to see you again!" the last few Sundays' greeting to me at Narthex has been, "How did we do?" Obviously, everyone at the Church is anxiously awaiting to hear or see how we did financially during our Food Fair last month.

Finally, I can tell you the answer. We did well! I am sorry for the delay in responding, but it was necessary to have most (all) of the bills paid so I could give you an accurate accounting. As of July 19, 2019

INCOME:	
AD BOOK REVENUE	\$36,010.00
FOOD SALES	\$227,692.58
TOTAL INCOME	\$263,702.58
EXPENSES:	\$85,355.98
NET INCOME:	\$178,346.60

These numbers, as nice as they are, merely serve to give concrete evidence to more effectively answer the question, "How did we do?" so that now I can respond, "We did fantastically well!" To witness our members and a lot of our friends and relatives who are not members come together as a big family to once again pull together to perform an amazing job, I say, "Well done!"

So many people helped in so many ways too numerous to mention. I don't believe anyone ever told me "No" when they were asked to do something! It was an amazing display of people, young and old (even very young and very old) working, smiling, laughing and yes, praying together to help our beloved church.

I am again very proud to be a part of this magnificent family of Holy Cross.

Thank you all for your contributions of your time, your talents, and your donations.

Sincerely,  
John Hoenig