

Holy Cross Greek Orthodox Church  
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## SUNDAY, FEBRUARY 27, 2022 ~ JUDGMENT/MEATFARE SUNDAY

**The reading is from St. Paul's First Letter to the Corinthians 8:8-13; 9:1-2** Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

**The Gospel According to Matthew 25:31-46** The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

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**Live streaming from Holy Cross:** <https://www.holycrosspgh.org/church-live-stream>

*Altar flowers are sponsored in loving memory of Esther Greco from her daughter Kathy Pyros.*

*Altar candles are sponsored in loving memory of beloved husband Nicholas Bonaros from wife Helen.*

### THIS WEEK:

<b>Monday, February 28</b>	<b>6:30pm Paraclesis</b>
<b>Tuesday, March 1</b>	7pm GOYA Meeting 7pm Philoptochos Meeting
<b>Wednesday, March 2</b>	10am First Steps 4:30pm Greek School 7pm Bible Study
<b>Thursday, March 3</b>	
<b>Friday, March 4</b>	6pm JOY Ice Cream Social, Community Center
<b>Saturday, March 5</b>	<b>Saturday of Souls</b> <b>8:30am Orthros/9:30am Divine Liturgy</b> <b>5pm Vespers</b> 6pm Altar Boy Pizza Party

### Golden Club

Please plan to attend a Lenten covered-dish luncheon on **Tuesday, March 15 @ 11:30 am** in the Community Center. We're suggesting Lenten items/dishes, such as vegetables, pasta, salads, fruit and dairy-free desserts. We're looking forward to seeing all our members; and new members are always welcome!

Please RSVP by  
Wednesday, March 8th to:  
Rene (412) 559-1721 or  
Cynthia 412) 722-9512

To all visiting GOYAns, coaches, advisors, friends, and family,

Welcome to Holy Cross Church! It is a great blessing to welcome you to our parish for the faith and fellowship which comes as part of our annual basketball tournament season. This is a very important time in our Church's calendar, not just because of basketball, but because we are all preparing for Lent, for the great fast, and for the eventual meeting with our Risen Lord which comes to us during Pascha. While Lent may often feel like a struggle for us, as we discipline ourselves to keep the fast, we must always remember that we never struggle alone. Just as our basketball teams rely on a group to stay strong together, so too does our Church show us that we are to support and carry each other through the struggles of the fast, and even more broadly, of life. We hope and pray that this tournament will be an opportunity for you to grow in community, not just with those from your home parish, but from our Metropolis at large, and that we may always put the spirit of Christian love first, even in the heat of competition. Again, we are overjoyed to have you all as our guests. Should you need anything, do not hesitate to reach out to myself, Father Michael, or any of our clergy, staff, and volunteers.

In Christ, Elias Diamond, Pastoral Assistant

# OUR JOURNEY TO PASCHA! 2022

*Created by Fr. Jonathan Bannon (ACROD)*

SUNDAYS		THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Meatfare <b>FEBRUARY 27th</b> FAREWELL TO MEAT TODAY		<b>The Last Judgement</b> Epistle: 1 Corinthians 8: 8-9:2 Gospel: Matthew 25: 31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare <b>MARCH 6th</b> FAREWELL TO CHEESE TODAY		<b>Adam and Eve are cast from Paradise!</b> FORGIVENESS SUNDAY Epistle: Romans 13: 11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent <b>MARCH 13th</b>		..... <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> <b>SUNDAY OF ORTHODOXY</b> Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent <b>MARCH 20th</b>		<b>ST GREGORY PALAMAS</b> Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent <b>MARCH 27th</b>		<b>VENERATION OF THE HOLY CROSS</b> <i>HALF WAY TO PASCHA!</i> Epistle: Hebrews 4: 14-5:6 Gospel: Mark 8: 34-9:1	Wear your cross to church and kiss the cross each morning with a bowl!
4th Sunday of Lent <b>APRIL 3rd</b>		<b>ST JOHN of the LADDER</b> Epistle: Hebrews 6:13-20 Gospel: Mark 9: 17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent <b>APRIL 10th</b>		<b>ST MARY of EGYPT</b> Epistle: Hebrews 9: 11-14 Gospel: Mark 10: 32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! <b>APRIL 17th</b> GREAT WEEK BEGINS		..... <i>GREAT AND HOLY WEEK</i> <b>ENTRY OF OUR LORD INTO JERUSALEM</b> Epistle: Philippians 4: 4-9 Gospel: John 12: 1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY <b>APRIL 22nd</b>		<b>GREAT AND HOLY FRIDAY</b> <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! <b>APRIL 24th</b> NO FASTING!		..... <i>BRIGHT WEEK</i> <b>HOLY PASCHA! (CHRIST IS RISEN!)</b> Epistle: Acts 1:1-8 Gospel: Jan 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!