

✠ **SUNDAY, JULY 2, 2023** ✠

The reading is from St. Paul's Letter to the Hebrews 9:1-7 Brethren, the first covenant had regulations for worship and an earthly sanctuary. For a tent was prepared, the outer one, in which were the lampstand and the table and the bread of the Presence; it is called the Holy Place. Behind the second curtain stood a tent called the Holy of Holies, having the golden altar of incense and the ark of the covenant covered on all sides with gold, which contained a golden urn holding the manna, and Aaron's rod that budded, and the tables of the covenant; above it were the cherubim of glory overshadowing the mercy seat. Of these things we cannot now speak in detail. These preparations having thus been made, the priests go continually into the outer tent, performing their ritual duties; but into the second only the high priest goes, and he but once a year, and not without taking blood which he offers for himself and for the errors of the people.

The Gospel According to Matthew 8:5-13 At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And he said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

Memorials: †Terpsichori Corkos 40 days
†Daniel Florent 40 days

THIS WEEK:

Monday, July 3

Tuesday, July 4 **St. Andrew of Crete**

8:30am Orthros/9:30am Divine Liturgy

Wednesday, July 5

Thursday, July 6

**Camp Nazareth all week
Grades 7-9**

Friday, July 7

Saturday, July 8

Spm Vespers

Coffee hour
is sponsored
by Philoptochos.

2023 Orthodox Christian Vacation Church School

This year's theme is:

MIRACLES

Monday, July 24 thru Friday, July 28 from 9am~Noon

**Monday, July 24, children should arrive at 8:30 am*

Welcoming all children age 3 years through entering 6th grade **High School students, parents, interested adults needed to volunteer.**

Nominal registration fee of \$20 per student is due by June 30th \$30 if received by July 15th; \$40 if received after July 15th

Form on our website or stop by the church office!

Let's Flower Together!

...a hands on Floral Event Workshop for our Summer Garden Gala

...come learn to forage flowers & greens, prepare fresh flowers, learn to prep and make floral centerpieces & larger installation arrangements.

Choose any or all of the following dates:
Wednesday, July 26, Thursday, July 27 & Friday, July 28 at 2pm.

Meet at the

Community Center.

Saturday, July 29 (day of event) 10am to 2pm

Call Eva Elderkin to reserve your place

412.969.1479



St. John the Baptist Orthodox Church

LIGHT FROM THE CHURCH ON THE HILL

A Lecture Series in Honor & Memory of Our Beloved Met. Theodosius

MOTHER OF LIFE:

NOURISHING THE BODY & SOUL DURING THE DORMITION FAST

The typical summer change in routine can cause us to lose our spiritual focus. But for the first two weeks in August, the Church gives us a beautiful gift: the Dormition Fast! Here lies an opportunity to reorient ourselves toward Christ and His mother, the Mother of Life.

In this one hour talk, we will discuss ways to enrich this life—by nourishing the body through balanced and nutritious fasting meals, and nourishing the soul by inviting the Virgin Mary into our efforts. By keeping the Fast in preparation for the Feast of the Dormition, we prepare to live in imitation of the one chosen to give birth to our Lord, the Giver of Life.

TUESDAY, AUGUST 1

6:00 PM: Vespers & Refreshments

7:10 PM: Lecture

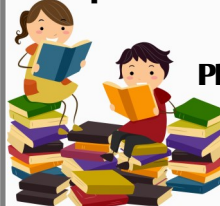
Krista Fedorchak, MS, RD, is an Orthodox Christian, wife, and registered dietitian offering Christian-faith-based insights into caring for body and soul. She completed her studies in nutritional science at Cornell University. Informed by a non-diet eating approach and rooted in the wisdom of the Orthodox faith, Krista helps her clients to accomplish their health goals through sustainable lifestyle changes. Catch her on the Ancient Faith Radio Podcast "Food Freedom through Christ" or on Instagram @theorthodoxdietitian.



Krista Fedorchak, MS, RD

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We are collecting gently used books for kids ages 0-6 years old to be distributed at Children's Hospital in the waiting room. There is a basket by the office for your donations.



Please contact Emelia Krakora at

ekrakora@bowdoin.edu

with any questions.

Summer Garden Gala

Saturday, July 29, 2023

BENEFITTING
HOLY CROSS LANDSCAPE
BEAUTIFICATION

5:30PM Cocktails & Silent Auction
6:30PM Strolling Buffet & Festivities
9:00PM Dance featuring Panigiri Orchestra

~ Black Tie Optional ~

HOLY CROSS COMMUNITY CENTER
123 Gilkeson Road, Pittsburgh, PA 15228

Tickets

FULL GALA \$125
DANCE \$40

Tickets and donation information available at
www.holycrosspgh.org/summergala

Can't make the event? Consider a donation to the Landscape Beautification project.

For more information, contact
Laura Zervos at 412-287-5679