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✂ **SUNDAY, MARCH 31, 2024** ✂ **SUNDAY OF ST. GREGORY PALAMAS** ✂

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3 In the beginning, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Gospel According to Mark 2:1-12 At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Coffee Hour is sponsored by Philoptochos.

Memorials: *Mike Andrews 10 years*
Sophea Pappas 3 years

THIS WEEK:

Monday, April 1 6:30pm Great Compline
8PM YAL BASKETBALL 🏀

Tuesday, April 2 10am Spanakopita making**
7pm IOCC Meeting

Wednesday, April 3 4:30PM GREEK SCHOOL
6pm Presanctified Liturgy *and Lenten Potluck*

Thursday, April 4 7pm Catechetical Class with Elias in
person and via Zoom

Friday, April 5 9am Presanctified Liturgy
6:30pm Salutations III
7:30pm Oratorical Festival

Saturday, April 6 4pm Catechetical Class
5pm Vespers & Confessions

"Thank you all who recently helped prepare over 3,600 spanakopita rolls for Food Fair. We're almost to our quota of 4,500. Please join us on Tuesday, April 2 beginning at 10am while we finish up the last 900. Any amount of time you can give would be appreciated.

Holy Cross Lenten Food Drive

For the Neighborhood Resilience Project!

(Will run Monday, April 1st - Friday, April 26th)



Non-perishable foods:

- Shelf-Stable Milk
- Dry Pasta
- Canned Soups (Chunky Meat Soups)
- Canned Meats/Fish
- Oatmeal Packets/Breakfast Cereals

NO GLASS JARS, PLEASE!

Questions? Please call/text Ponny Jahn @ 412-737-5528 or text Sofia Jahn @ 412-518-9206 - thank you!

Pastitsio making for festival!
 Thursday, April 11 from 10am to 6pm
 Friday, April 12 from 11am to 6pm
 Saturday, April 13 from 10am to ?? as needed
 Text or call Rita Manganas 813.390.5948



GOLDEN CLUB: On Tuesday, April 16th, the Golden Club will travel to the Sewickley Heights History Center. This unique museum commemorates local history and the Pittsburgh industrialists who used this exclusive suburb as a summer getaway. Our visit begins in the Theater Room for a documentary. Exhibits include vintage attire, antique cars and artwork.

There is no admission fee; donations will be accepted. Following the visit, we will stop for lunch (TBA). Please RSVP to Cynthia Kostelnik (412.722.9512) or Rene Koett (412.559.1721) by April 10th. Carpooling transportation will be arranged.

Attention GOYAns! (Grades 7-12)
 This year we will host our Annual Saint John Chrysostom Oratorical Festival on Friday, April 5th at 7:30pm following Salutations. This is a great opportunity for Middle and High School students to deepen their understanding of the Orthodox Faith through preparing a short speech on a topic concerning an aspect of faith. In addition, finalists at the parish level will move on to the Metropolis level, where there is the potential to receive scholarship money. If you would like to know more or to receive a list of topics, please contact Elias Diamond at ediamondhpcgh@gmail.com.

HOLY CROSS GOYA

SPECIAL EVENT

MONASTERY

April

PILGRIMAGE

Join us for a Lenten pilgrimage up to one of our more local monasteries!

APRIL 20, 2024
 FROM 10:00 - 2:00 PM

NATIVITY OF THE THEOTOKOS MONASTERY
 121 SAINT ELIAS LANE, SAXONBURG, PA

RSVP TO ELIAS: EDIAMONDHPCGH@GMAIL.COM



You are Invited to

The Resilience Bowl



MAY 21, 2024 | ACRISURE STADIUM

A football themed fundraising event by the Neighborhood Resilience Project

In collaboration with Troy and Theodora Polamalu, we are thrilled to announce details for **The Resilience Bowl**, our football themed fundraising event at Acrisure Stadium

Schedule of Events

- 5:00 PM: Guests Arrive**
- 5:15 PM: Opening Ceremony**
- 5:20 PM: Obstacle Course on Field Opens**
- 6:45 PM: Obstacle Course Closes**
- 7:00 PM: Celebrity Flag-Football Game Begins**
- 7:45 PM: Award Ceremony**
- 8:00 PM: End of the Night**

Questions and Answers

What is the Resilience Bowl?

- The Resilience Bowl is a one-of-a-kind fundraising event. It will feature a celebrity flag-football game, on-field obstacle courses open to general attendees, and Troy Polamalu!
- A press release with more details [is available here](#).

When and Where is the Resilience Bowl?

- The Resilience Bowl is being held on May 21st, 2024 from 5:00 - 8:00 PM at Acrisure Stadium. Much of the event will take place directly on the field.

How Much are Tickets?

- General attendee tickets are \$50. They include a seat with a great view of the obstacle course and the celebrity flag football game, the opportunity to run the obstacle course (registration is first come first serve), and access to food vendors.
- Tickets to the VIP Reception are \$300. They include everything a general attendee ticket includes, plus a dinner at the PNC Champions Club, a chance for photos with celebrities, complimentary swag bags, an indoor space to view the game from in case of inclement weather, and more!

How Can I Sponsor the Resilience Bowl?

- [Click here](#) to view our Sponsorship Packet
- [Click here](#) to become a sponsor
- Email Presbytera Kristina at kabernathy@neighborhoodresilience.org if you have questions!



Please contact the church office to sponsor a coffee hour. More information can be found on our website: <https://www.holycrosspgh.org/coffee-hour>

